

MADE FOR MORE<sup>®</sup>

# CLASS SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6 AM	MOREHEART	MOREHEART	MOREHEART	MOREHEART	MOREHEART	
6 AM	MOREBODY		MOREBODY	MGA HOUR	MOREBODY	
8.30AM						MORECOMPETE
9.30AM						MGA HOUR
11AM			MOREMOTHERS			
6.30PM	MOREHEART	MOREFLOW	MOREHEART	MOREHEART	MOREHEART	
6.30PM	MOREBODY		MOREBODY		MOREBODY	
7.30PM		MOREMUSCLE		MORE PERFORMANCE		